



Annual Celebration of  
Dance + Music

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April 28 - May 3, 2009  
The Bali Purnati Center for the Arts

Line Up

Tickets

Venue  
Ubud, Bali

Accommodation  
Packages

Press &  
Multimedia

Sponsors



Bhinneka Initiative

Line Up

- ★ Full Program
- ★ Festival Day Workshops
- ★ Festival Night Performances
- ★ Hari Cinta Keluarga
- ★ Presenters A-Z

Yoga

**Simone MacKay & Troy McFadden**  
(Bali - USA)



**Presenter Bio:**

**Simone MacKay**

Director of the School of Sacred Arts, Simone, (Yoga Alliance E-RYT 200 #11956) completed her Ashtanga-based yoga teacher training in Australia with Yoga Arts before founding her own business "Yoga Essenz" ([www.yogaessenz.com](http://www.yogaessenz.com)) and moving on to study Vinyasa Flow, Yin Yoga, and Restorative Yoga practices.

Born in Canada, educated in Switzerland, and based in Asia, Simone spent years teaching throughout the region, serving as resident instructor at the exclusive COMO Shambhala Resort in the Maldives and holding workshops and retreats in Thailand and Bali, before launching SOSA and becoming a teacher of teachers.

Of the utmost importance to Simone is teaching with integrity and sincerity and encouraging these values in her students, along with a deep appreciation of Yoga. Holding certifications in reflexology and aromatherapy as well, Simone believes in incorporating complimentary healing arts and natural health practitioners into her events and trainings as well.

She is set to receive her advanced yoga teacher (E-RYT 500) certification in 2009.

**website**

**Presenters A - Z**

Akiko Tokuoka  
 Akim Funk Buddha  
 AmaLia Wai Ching Lee  
 Asambai  
 Ateeka  
 AwaHoshi  
 BKP  
 Cat Kabira  
 Coral Brown  
 Cudamani  
 Daniel Aaron  
 Daphne Tse  
 David Moreno  
 Ellen Watson  
 Eoin Finn  
 Ganga Giri  
 Geoffrey Gordon  
 I Wayan Marcus Wistika  
 Ines Somellera  
 InRhythm  
 Jerome Kugan  
 Joseph Lee  
 Kadek Suambara  
 Katy Appleton  
 Kevin James  
 Khalife  
 Lachlan Scotland  
 Larisa Stow and The Shakti Tribe  
 Maria Darmaningsih  
 Maria Garre  
 Marisha  
 Mark Whitwell  
 Merta Ada  
 Mia Palencia  
 Ni Ketut Arini  
 Nick Woolsey  
 Niveditha Parthasarathy  
 Patrick Creelman



### Troy McFadden

After the University of Florida and lots of travel, Troy spent a year in Seattle becoming a licensed bodywork therapist, going on to work at 5-star facilities in the US and abroad.

In 1998, he established a spa and wellness center in southern Thailand, which features Yoga, fasting and cleansing programs, massage, and raw/living foods.

During this period, Troy spent months in Buddhist monasteries undergoing rigorous training in Vipassana meditation. Aided by a strong background in the martial arts, he also began studying, practicing, and ultimately teaching Yoga.

Returning to the US, he built a Bikram Yoga College of India in the Seattle area, which included his second business, Heart to Hands Massage and Bodywork.

Currently employed as a spa consultant for wellness centers in Bali and Costa Rica, and a writer for such publications as Yoga Journal, Troy also has a fasting and cleansing business in Ubud

website

### Workshop Description:

#### Funyasa Flow!

Feeling a bit tired and worn-out from 5 days of fun? Let this session reinvigorate you!

Join us for this playful and inspiring yoga session on the final day of the festival.

Exploring the sheer joy of movement, we'll begin opening our bodies, hearts and minds to the beauty within and around us, at our own pace and in our own unique way. Basing our practice session on the popular Vinyasa Flow style of yoga, we'll also enjoy some pranayama (breathwork) and a centering meditation, along with soulful music to help encourage our practice.

Suitable for all levels, brand-new beginner to advanced practitioner.

DATE	TIME	LOCATION	LEVELS
3 May	2:00 pm - 3:30 pm	Amphitheatre	All levels

Last Updated on Wednesday, 25 March 2009 16:25

- Pooja Bhatnagar
- Pujiastuti Sindhu
- Rana Lee Araneta
- Ravindranath Vempati
- Rebecca Pflaum
- Rocky Dawuni
- Saharadja
- Sibo Bangoura
- Simak Dialog
- Simone MacKay & Troy McFadden
- Slamet Gundono
- Sofiah Thom
- Sri Jane
- Swami Shankardev Saraswati
- Teresa Herrera
- Tom Freund
- Uma Inder
- Wayan Sukadana
- Yeshe